FOR AUTHORIZED MINISTERS ONLY

## Healthy Practices

## ENGAGING IN TOUGH CONVERSATIONS DURING ANXIOUS TIMES

## Saturday, March 6, 2020 • 9 am—12:30 pm

Via Zoom • Registrants will receive a zoom link

Register online: https://livingwaterone.org/event-registrations/

**Kim Langley,** is a spiritual director/companion through the Haden Institute, a certified pastoral minister, a former Director of Religious Education and lay Family Minister, and is DDI certified. She is passionate about her work which includes focus on emotional intelligence, joy at work, leadership development, stress and resilience, and communication skills training. Her personal mission is to "be of service to the world, delivering exceptional workshops that enable personal and professional growth, enhance authentic interpersonal and self-reflection skills, and make people want to live life to the fullest!" Kim is a certified Spiritual Director with a Master's Degree in Religious Education. She is the President of LifeBalance Enterprises, Inc.

Living Water Association She was adjunct faculty at Capitol University, teaching Scripture for 15 years, and at Notre Dame College, teaching master's level classes in Education. She is the author of a book on grief, entitled Send My Roots Rain: A Companion on the Grief.